



Brent Children & Families Information Service

Chesterfield House, 9 Park Lane, Wembley, Middlesex, HA9 7RW

020 8937 3001

www.brent.gov.uk/childcare

Brent Children's Centres List & Activities Time Table

February 2010



The latest Children’s Centre activities time table in Brent can be viewed at www.childcarelink.gov.uk/northlondon under the ‘Local Information’ section

Children’s Centres: Increasing family choices in Brent

Does your child have special needs?

Families with children with special needs are very welcome at children’s centres. They should feel free to talk to staff about their child’s needs, how the centre will fit them in and what services are available for them in addition to the fun activities that are for everyone.

Are you a parent with a child under five living in Brent?

Your family could be eligible to use services in one of Brent’s Children’s Centres offering:

- **Early Years Education with full day care** for 0 to 5 year olds in the HA9, NW2, NW6, NW9 and NW10 areas. These children’s centres include early identification of children with special needs and have places for them.
- **Family Support**, including support for parents of children with special needs.
- **Parenting Support**, information and advice on parenting skills and training on child development.
- **A base for childminders** and a contact point within the community for parents and providers of childcare services.
- **Child and Family Health Services** including guidance on breastfeeding, hygiene, nutrition, speech and language, and safety.
- **Information on day care, employment and training** and links with jobcentre plus local training providers and further and higher education institutions.
- **Links with Brent Children and Families Information service**, local childcare providers including nurseries, out of School Clubs and Extended Schools.
- **Parent and toddler groups**
- Outreach work and links to community services such as the **Citizen’s Advice Bureau** and legal advisors.

Different centres provide different services depending to some extent on parents’ local needs and demands. Services may change from time to time as new needs and interests are found.

Most centres are open Monday to Friday 8:00am to 6:00pm for a minimum of 48 weeks per year. Opening times may vary.

List of children’s centres in Brent

Children’s centres offering, day care, activities and family support		Childcare for
Curzon Crescent Children’s Centre Curzon Crescent, NW10 9SD	020 8208 5950	3-5 years
Fawood Children’s Centre Fawood Avenue, NW10 8DX	020 8965 9334	2 years–5 years
Harmony Children’s Centre Bridge Road, NW10 9BX	020 8459 9571	12 months–5 years
Granville Children’s Centre Granville Road, Kilburn, NW6 5RA	020 7604 4620	6 months–5 years
Willow Children’s Centre Barnhill Road, Wembley, HA9 9YP	020 8385 4480	6 months–5years
Treetops Children’s Centre Doyle Gardens, NW10	020 8838 3901	6 months-5 years
Children’s centres offering activities and family support		
Alperton Children’s Centre Ealing Road, Wembley, HA0 4PW		020 8937 3860
Challeng House Children’s Centre, College Green nursery 161 College Road NW10 3PH		0208 459 7256
Church Lane Children’s Centre Church Lane, Kingsbury, NW9 8JD		020 8937 3890
Hope Children’s Centre 228 Walm Lane NW2 3BS		07950 145171
Three Trees Children’s Centre Tiverton Road, NW10 3HL		020 8459 4385
St. Raphael’s Children’s Centre Portakabin Pitfield Way, NW10 0UW		020 8459 2628

Wembley Centre for Health and Care Children's Centre 116 Chaplin Road, HA0 4UZ	020 8903 9541
Wembley Children's Centre East Lane, Wembley, HA9 7NW	020 8901 9890
Willesden Centre for Health and Care Children's Centre Robson Avenue NW10 3RY	020 8459 7256

Activities for Parents and Children Together

Organisation:	Alperton Children's Centre
Location:	Alperton High School, South Building, Ealing Road, HA0 4PW
Details:	<p>Monday morning 09:30am to 12:00noon Citizens Advice Bureau - advice on any employment, housing, benefit etc (by appointment only). 10:00am to 12:00noon Childminding network sessions (childminders only). 10:00am to 12:00noon Job Centre Plus - Wembley Centre For Health and Care (by appointment only).</p> <p>Monday afternoon 12:30pm to 3:00pm NVQ Level 1 - introduction to working with children.</p> <p>Tuesday morning 10:00am to 12:00noon Family support session - advice and support on different issues and concerns. 10:00am to 11:00am Parents forum perfect opportunity to give your views and suggestions on Children's Centre. 10:00am to 1:00pm Tribal employment service - advice and information on jobs including completing CVs and how to make the best of yourself at interviews. By appointment only. Job information workshops (twice a month by appointment only).</p> <p>Tuesday afternoon 1:00pm to 3:00pm Pop in and play - with storytelling and rhyme time. 1:30pm to 2:30pm Storytelling and rhymes session.</p> <p>Wednesday morning 10:00am to 12:00noon Pop in and play with speech, Language, music and rhyme time. 10:00am to 12:00noon Looking for childcare, or local fun activities, need advice on childcare costs? Come and speak to our CFIS advisor (every 2 weeks) 11:00am to 12:00noon Music and rhyme time with speech and language drop in session.</p> <p>Wednesday afternoon 1:30pm to 2:30pm Rhyme, play and story time - come along and enjoy playing singing and stories. Learn how to enhance your child's communication through music, books and play (there is a different topic every week).</p> <p>Thursday morning 9:30am to 12:00noon Baby health clinic at Wembley Centre for Health and Care (by appointment only).</p> <p>Thursday afternoon 12:30pm to 2:30pm Healthy Little Eaters - advice and demonstrations on what healthy foods to give to your children.</p> <p>Friday morning 9:30am to 12:00noon Citizens Advice Bureau - advice on any employment, housing, benefit etc (by appointment only). 10:00am to 11:00am Tiny ballers - fun ball game sessions for 2 to 5 years old. 10:00am to 12:00noon Breast feeding cafe - drop in session</p> <p>Friday afternoon 2:00pm to 3:00pm Baa Baa Babies bounce and jiggle for under 2's. Fun and educational all at the same time.</p> <p>Saturday morning 10:00am to 12:00noon Fathers group, first Saturday of each month.</p> <p>For further information please contact centre.</p>
Contact:	Alperton Children's Centre Tel: 0208 937 3860.
Organisation:	Church Lane Children's Centre Church Lane Children's Centre
Location:	Church Lane, London, NW9 8JD
Details:	Monday morning 10:30am to 12:30am Family Learning craft course (10 weeks).

	<p>Monday afternoon 2:00pm to 4:00pm Baby club (babies up to 18 months) 2:00pm to 3:00pm Story and rhyme time.</p> <p>Tuesday morning 9:30am to 12:30pm Citizens Advice Bureau (by appointment only). 9:30 to 11:30am Childcare course (20 weeks course). 10:00am to 11:30am Twins club.</p> <p>Tuesday afternoon 1:30pm to 3:15pm Healthy little eaters - parent nutrition sessions (with crèche).</p> <p>Wednesday morning 9:15am to 12:30pm Stay and play. 11:15am to 12:00noon Toy library 11:15am to 12:30pm Stay and play</p> <p>Wednesday afternoon 1:30pm to 3:00pm Basic IT class (10 weeks course).</p> <p>Thursday morning 9:30am to 11:30am Breastfeeding café. 9:30am to 12:30pm CAMHs (Counselling family therapy) by referral only. 9:30am to 12:30pm Baby clinic (by appointment only).</p> <p>Thursday afternoon 1:30pm to 3:30pm Family workshop with crèche 2:00pm to 4:00pm Nutrition drop in session.</p> <p>Friday morning 9:30am to 12:30pm Citizens Advice Bureau. 9:30am to 10:30am Rhyme time with speech and language therapist. 10:00am to 12:00noon Childminder sessions. 11:00am to 12:00noon Rhyme time</p> <p>Friday afternoon 12:00noon to 12:45pm Toy library. 1:00pm to 3:00pm Speech and language advice 2:00pm to 3:00pm Baa Baa Babies – wiggle and move.</p> <p>For further information please contact centre.</p>
Contact:	Church Lane Children's Centre Tel: 020 8937 3890.
Organisation:	Curzon Crescent Children's Centre
Location:	Curzon Crescent Children's Centre, Curzon Crescent, London, NW10 9SD
Details:	<p>Monday morning 9:30am to 11:30am Stay and play. 9:30am to 11:30am Nutrition drop in. 9:30am to 12:00noon Citizens Advice Bureau 9:30am to 12:00noon Foundation Course (term time only).</p> <p>Monday afternoon 1:30pm to 2.00pm Baby massage 2:30pm to 4:30pm Drop in crèche.</p> <p>Tuesday morning 9:30am to 12:00noon Level 1 Childcare Course (term time only) 10:00am to 2:00pm Job Centre Plus</p> <p>Tuesday afternoon 12:30pm to 2:30pm Internet Cafe 2:30pm to 3:30pm Drop in Crèche.</p> <p>Wednesday morning 9:30am to 11:30am Shared Beginnings 9:45am to 11:30am Childminder Network. 10:00am to 12:00noon Citizens Advice Bureau. 12:00noon to 1:00pm Music and movement</p> <p>Wednesday afternoon 2:30am to 4:30pm Drop in crèche 1:00pm to 2:30pm Open afternoon 1:30pm to 2:30pm Speech and language therapy (book at reception).</p> <p>Thursday morning 9:30am to 12:30pm Sharing and caring</p> <p>Thursday afternoon 12:30pm to 2:30pm Life as a parent. 2:30pm to 4:30pm Stay and play.</p>

	<p>Friday morning 9:30am to 11:30am Coffee morning. 9:30am to 11:30am nutrition session 10:00am to 2:00pm Job centre plus Friday afternoon 12:30pm to 1:30pm Drop in crèche. 12:30pm to 2:00pm Internet Cafe. £2 charge for internet cafe session.</p> <p>For further information please contact centre.</p>
Contact:	Curzon Crescent Tel: 0208 459 6813.
Organisation:	Challenge House Children's Centre
Location:	Centre, College Green nursery 161 College Road NW10 3PH
Details:	<p>Monday morning 9:00am to 11:00am Stay, play and learn</p> <p>Tuesday morning 9:30am to 11:00am Childminder sessions – drop in session for childminders. 9:30am to 12:30am Citizen advice bureau – advice on benefits, debts, housing, tax credit and immigration.</p> <p>Thursday 9:00am to 11:00am Stay, play and learn with speech and language therapy drop in session.</p>
Contact:	College Green Children's Centre Tel: 0208 459 7256
Organisation:	Fawood Children's Centre
Location:	35 Fawood Avenue, London NW10 8DX
Details:	<p>Monday morning 9:00am to 4:00pm Speech and language therapy – advice and support for your child speech and language development (by appointment only). 9:30am to 11:30am Family Learning ICT – Keep up-to- date with your computer skills. Use the internet to find good sites for parents and for children. Become more confident in helping your child to learn through IT. 9:30am to 11:30am Pop in and play – playgroup for parents/carers with children under 5. 9:30am to 4:00pm Childcare level 1 with Esol – the first steps to a career in childcare. 10:00am to 12noon Health promotion – health advice clinic for parents with babies up to 8 months old (3rd Monday of every month). 11:00am to 12:00noon Time for rhymes – speech and language learn new rhymes and songs with your children (for children 0 to 2).</p> <p>Tuesday morning 9:30am Playgroup for parents/carers with children under 5. 9:30am to 11:30am Healthy little eaters – looking at healthy eating for all family. Includes fun activities with children.</p> <p>Wednesday morning 9:30am to 12:00noon Citizens Advice Bureau – one to one confidential advice on beating the credit crunch dept, benefits, housing and immigration (by appointment only).</p> <p>Wednesday afternoon 12:00noon 12:45pm Parent and toddlers swimming lessons at Vale Farm Sports Centre – a fun way to learn how to swim with your child (for mums and dads).</p> <p>Wednesday afternoon 1:30pm to 2:30 Pop in and play – playgroup for parent and carers with children under 5 years old.</p> <p>Thursday morning 9:30am to 11:30am Parent forum – support forum for parents and carers. 9:30am to 11:30am Pop in and play – playgroup for parent and carers with children under 5 years old. 9:30am to 12:00noon Citizens Advice Bureau – one to one confidential advice on beating the credit crunch dept, benefits, housing and immigration (by appointment only).</p> <p>Friday morning 9:30am to 11:30am Introduction to Esol - speaking, listening and writing. This course will benefit parents and carers who speak very little English. (Starting from 8th Jan to 12th Feb 2010).</p>

	10:00am to 11:30am Dietician drop in session - advice on specific to your child. 10:00am to 11:00am Pilates – gentle exercise to get your body back into shape. For further information please contact centre.
Contact:	Fawood Children’s Centre Tel: 0208 965 9334.
Organisation:	Granville Plus Children’s Centre
Location:	Granville Road, London, NW6 5RA
Details:	<p>Monday morning 10:30am Story time - term time only fun story for under 5’s at the Salvation Army Chichester Road 10:00am to 12:30pm Tiny tots – stay and play sessions for under 5’s at the Salvation Army Chichester Road 10:00am to 1:00pm Job centre plus sessions (by appointment only).</p> <p>Monday afternoon 1:3:00pm Inclusion stay and play – for children with special needs and their parents and carers. 2:30pm to 5:00pm Nutrition drop in session - to provide advice on nutrition and healthy eating at the Salvation Army Chichester Road.</p> <p>Tuesday morning 9:30am to 10:30am Keep fit - classes suitable for all abilities (free crèche). £1 per class. Booking required. 9:30am to 11:30am Stay and Play group for parents, carers and toddlers £1. 9:30am to 11:45am HMRC – advice on tax credits. Sessions are run on the 1st Tuesday of each month. 9:30am to 12:30am Citizen’s advice bureau – confidential advice on housing, benefits, debts etc. (please call for appointment). 9:30am to 12:30am</p> <p>Tuesday afternoon 1:15pm to 2:45pm Well baby clinic – advice and weighing of babies from the health visiting team. 1:15pm to 2:45pm Baby massage – for babies of 6 weeks or crawling. Booking is required. Crèche is provided for older siblings.</p> <p>Wednesday morning 10:00am to 12:00noon Stay and Play – for families with children 0 to 5 years living in temporary accommodation. Term time only. (Gordon House). 10:00am to 11:30am Baby play – stay and play group for babies 0 to 1year with their parents. Crèche is provided for older siblings. 10:00am to 11:30am Stay and play group for toddlers 1 to 4 years old.</p> <p>Wednesday afternoon 1:00pm to 3:00pm Healthy eating and cook session – on healthy eating, including menu planning, weaning and cooking.</p> <p>Thursday morning 10:00am to 12:00noon Childminders Network – sessions for local registered childminders and their children. 9:00am to 10:30am Dads and mums workshop term only – 5 workshop for mums and dads for with invited speakers (crèche is provided). 10:00am to 1:00am Citizen’s Advice Bureau – confidential advice on housing, benefits. Debts etc.</p> <p>Thursday afternoon Shared Beginning – group sessions focusing on how to make and share books with your child/baby (crèche provided).</p> <p>Friday morning 9:30am to 4:30pm Speech and language therapist - advice from a Speech and Language Therapist. Please ring for availability. 10:00am to 11:00am Time for rhymes - a parent-child group for children aged 0-2, focusing on using rhymes, songs and stories with your child. A fun, relaxed group for parents and children. 10.00am to 1:00pm Job centre plus (by appointment only). 11:30am to 12:30pm Talking toddler’s playgroup - a playgroup for children aged 2 to 5 years giving parent ideas on play and communication development. 11:30am 1:30pm Chatterbox cafe - Community Café - where you can meet up with friends and play with your children at the Salvation Army, Chichester Road. Small charge for lunch.</p> <p>Friday afternoon 1:00pm to 2:45pm Time Out - time for you! A group for women only, friendly chats, while the children are enjoying the crèche. Booking is required. Free</p>

	For further information please contact centre.
Contact:	Granville Plus Children's Centre Tel: 0207 604 4620.
Organisation:	Harmony Children's Centre
Location:	Harmony Children's Centre 38, Bridge Road, London, NW10 9BX
Details:	<p>Monday morning 11:00am to 12:30pm Citizen's Advice Bureau confidential advice on debt, immigration, benefits and housing matters (by appointment only last appointment 12noon).</p> <p>11:00am to 12:30pm Parenting Programme - parents workshops discussing common problems experienced by toddlers and young children. An opportunity for sharing skills and experience. Every fortnight (including crèche).</p> <p>10:00 12:00noon Helping hands - this two hour crèche service is available to families who can benefit from additional support for children to reach their fullest potential. Every fortnight (by referral only).</p> <p>Monday afternoon 4:15pm to 5:15 An after school club - music for children with disabilities/special educational needs and all the family. If your child is 7 years and under then join us for a fun filled hour. There will be singing, dancing, percussion, play, bubbles and lots more.</p> <p>Tuesday morning 10:00am to 12:00noon Let's play together - stay and play session offering a stimulating environment for parents/carers to play and learn with their children.</p> <p>10:00am to 12:00noon Job centre plus Information sessions on work focus interviews, discussing Child Tax Credit/Working Tax Credit.</p> <p>10:00am to 12:00noon Citizen Advice Bureau (by appointment only).</p> <p>10.30am to 11.30am Toy library Accessible, stimulating, multicultural learning resources for your child. Every fortnight.</p> <p>Wednesday morning 10:00am to 12:00noon Let's play together with nutrition service - a dietician is available to offer advice, support and guidance to parents and carers. 50p per session.</p> <p>Wednesday afternoon 1:00pm to 2:00pm Keep fit provided by Sports Service - a qualified sports instructor helping parents/carers to keep fit. (Please bring water and trainers for exercises). £1 per session.</p> <p>2:30pm to 4:00pm Police Surgery - community police officers are here to offer advice and safety guidance in the strictest of confidence</p> <p>Thursday morning 9:00am to 10:00am Coffee morning community development officer. Offering support to the local community and signposting other services.</p> <p>10:00am to 12:00noon For babies and under 1's - advice from the health visitor On breast feeding, baby massage and baby gym.</p> <p>10:00am to 12:00noon Dieticians drop in session - do you have a child that is a "fussy eater"? A dietician is available to offer advice, support and guidance to parents/carers.</p> <p>11.30am to 12:30pm Times for rhymes - a lively weekly play session with songs. Led by our Speech and Language Therapist.</p> <p>Thursday afternoon 12:30pm to 1:30pm Let's play together 12:30pm to 1:30pm Toy library.</p> <p>Friday morning 09:45am to 11:30am Childminding group - a structured group for childminders and their children with advice and support available.</p> <p>Friday afternoon Esol for beginners - an introduction to speaking and writing English (must be booked in advance).</p> <p>5:00pm to 6:30pm Yoga - a chance to enhance your health and development with yoga.</p> <p>Saturday morning 9:30am to 12:00noon Fathers / Male carers - breakfast session, stay and play. A chance for fathers and male carers to have a one to one session with their children. Last Saturday of the month café (community room).</p> <p>10.00am – 12.00pm Working Parents Lets Play session on Saturdays An opportunity for working parents to use the play facilities at the Centre.</p>

	For further information please contact centre.
Contact:	Harmony Children's Centre Tel: 0208 451 4180
Organisation	Hope Children's Centre
Location	228 Walm Lane NW2 3BS
Details	<p>Tuesday morning speech and language therapy service is available to parents who are not already accessing services. General advice and referrals to appropriate services is available to children 0-5 years. Booking Essential. Please contact Hema on 07944945507. 11:00am to 12:00noon Time for rhymes – come and enjoy singing and dancing with your child.</p> <p>Tuesday afternoon 1:30pm to 2:30pm Talking toddler's for children aged 0 to 5 years giving parents ideas on play and communication development.</p> <p>Wednesday morning 10:00am to 12:00noon Stay and play with nutrition – A play group for you and your child with fun activities such as painting, drawing, playing in the garden and singling nursery rhymes. A nutrition is available and can assist with any enquire around weaning and fussy eating.</p> <p>Thursday morning 9:30am to 12:30pm Citizens advice bureau – can assist with problem such as housing, welfare, benefits, immigration and employment. You must have a child under 5 years old to access this service (by appointment only).</p> <p>For further information please contact centre.</p>
Contact:	Hope Children's Centre: Tel: 07950 145171
Organisation:	St Raphael's Children's Centre
Location:	Neighbourhood Housing Office 160, Pitfield Way, London, NW10 0UW
Details:	<p>Monday morning 10:00am to 12:00noon Let's play together - a play session offering a stimulating environment for parents/carers to play and learn with the children. 10:00am to 12:00noon Healthy little eaters - children are encouraged to take part in the selection, preparation and eating of different foods. Led by nutritionist. 10:30am to 11:15am Yoga – an opportunity to enhance your child's health and development while strengthening the bond between parent and child (crèche available). From 11th Jan 2010 for 6 weeks</p> <p>10:30am to 12:30pm Sewing classes - a weekly sewing group led by an experienced tutor for adults who want to develop skills in the area. There is a charge of £15.00 per person (crèche available). From 11th Jan for 10 weeks.</p> <p>Monday afternoon 1:00am to 3:00pm Getting Ready – helps your child towards independence. A weekly group for children aged 2½ plus, to give them the experience of playing and learning with other children while enabling parents to withdraw gradually 1:30 to 4:30pm Brent CAB - free one to one confidential advice available (by appointment only).</p> <p>Tuesday morning 10:00am to 12:00noon Nutrition drop in session - offering advice on diet nutrition, health, and food preparation, available from our dietician (fortnightly). 10:00am to 12:00pm Lets play together – a weekly play session offering a stimulating environment for parents and carers to play and learn with their children. 10:00am to 12:00noon Play-wise - tips provided by our Early Years Advisory Teacher on how and why children learn through play. Held on 9th Feb and 9th Mar 2010.</p> <p>Tuesday afternoon 1:30pm to 3:00pm Bouncing babies - a fun group for new parents and babies under the age 18 months. The session will be led by an early year's worker with advice and information from a health visitor and early year's advisory teacher.</p> <p>Wednesday morning 10:00am to 12:00noon Growing and exploring - this is a</p>

	<p>small gardening project aimed at teaching children about growing fruits, herbs and other foods. (A change of clothing is advisable as it is likely that your child will get dirty from this activity).</p> <p>10:00am to 12:30pm ESOL and Childcare course - learning to improve your skills in English and also learn about how your child develops and learns (crèche available).</p> <p>10:00am to 12:00noon Parent time – weekly one to one or group advice and support available from our family support worker.</p> <p>Wednesday afternoon 1:00pm to 3:00pm Baby/child first aid - practical demonstration and advice on baby and child resuscitation and choking. The session is run by a trained professional. Places must be booked in advance (crèche is available). 17th Mar 2010.</p> <p>Thursday morning 10:00am to 12:00noon Rhythm and rhymes - a weekly play session incorporating story based play activities, singing music and movement. The session is led by an early year's worker and the speech and language therapist.</p> <p>10:00am to 12:00noon Childminders group - structured group for childminders and their children with advice and support from childcare and health professionals</p> <p>Thursday afternoon 12:00noon to 4:00noon Speech and Languages - offering advice and information on your child's communication available from our speech and language therapist.</p> <p>1:30pm to 2:45pm Yoga for adults (crèche available). From 11th Jan 2010 for 10 weeks</p> <p>1:30 to 4:30pm Brent CAB - free one to one confidential advice available (by appointment only).</p> <p>Friday morning 10:00am to 12:00noon Mini Chefs - come and prepare and try out a range of foods with your children, advice & support available from our nutritionist/dietician.</p> <p>11:00am to 12:00noon Toy library – toys are available on a loan system of 2 weeks.</p> <p>Friday afternoon 1:00pm to 3:00pm Drop in crèche - if you have an appointment to attend or would like some quiet time? Why not use our drop in crèche. At just £2 a session you can leave your child/ children in a safe and secure environment.</p> <p>1:00pm to 3:00pm Pamper Friday – start your weekend right here! An opportunity to meet with other parents, unwind and indulge your selves, in a relaxing environment (a crèche is available but must be booked in advance). on the last Friday of each month</p> <p>For further information please contact centre.</p>
Contact:	St Raphael's Children Centre Tel: 0208 459 2628.
Organisation:	Three Trees Children's Centre
Location:	Queens Park Community School, Aylestone Avenue, London, NW6 7BQ
	<p>Monday morning 9:30am to 12:30pm Citizens advice bureau - advice on eating the credit crunch, debt, benefits and housing.</p> <p>10:00am to 1:00pm English as a second language - learn written and spoken English with Westminster Kingsway College.</p> <p>10:00am to 1:00pm Counselling with Dor Therapy - support for families - parenting, bereavement, couples etc.</p> <p>10:00am to 1:00pm Health little eaters - workshop to get tips and advice for family cooking and health eating.</p> <p>Monday afternoon 1:00pm to 3:00pm Ante-natal drop in classes for first time mums – birth preparation relaxation and information on baby's early days.</p> <p>2:00pm to 3:00pm Baa Baa for babies - bounce, jiggle, wiggle, movement and fun, from birth onwards.</p> <p>Tuesday morning 10:00am to 12:00noon childminder network drop in - all registered childminders welcome support with all aspects of the role.</p> <p>Tuesday afternoon 1:00pm to 3:00pm stay and play.</p>

	<p>3:00pm to 5:00pm Health Little Eaters - come and play with a fun, healthy cooking activity. Big bonus ask our nutritionist about weaning, fussy eating and more.</p> <p>Wednesday morning 10:30am to 11:00pm Being together with Dor therapy – join our 11 weeks programme to support you with a safe to explore issues affecting you (crèche all morning). 10:00am to 1:00pm Counselling with Dor therapy - support when you need it most. Counselling to support families- parenting, bereavement, couples and etc (please book).</p> <p>Wednesday afternoon 2 pm to 4 pm Messy play - gloop, sticky pictures, sand painting, dinosaur food and lots of ideas to share with your children.</p> <p>Thursday morning 9:30am to 12:30pm Citizens advice bureau. 9:30am to 10:30pm Music and rhyme - speech therapist lead fun with favourite song and rhymes for babies up to 15 months. 11:00am to 12:00noon Music and rhyme - speech therapist lead fun with favourite song and rhymes for over 15 months.</p> <p>Thursday afternoon 1:30pm to 3:30pm Stay and play with speech and language drop in - we have a drop in session for any queries relating to speech or language development (no appointment needed).</p> <p>Friday morning 10:00am to 12:00noon Babies cafe for 0 to 12 months - breast feeding support, weaning advice, treasure baskets and lots of new friends. 9:30am to 11:30am Well baby clinic 1st and 3rd Friday of every month - health visitor weighing babies and giving advice and support for your baby and you. 10:30am to 12 noon Parents and carers forum – your voice counts your time to support to your baby and you.</p> <p>Saturday Dads – special time dads and children. Various activities, football, games, creative and cooking. Please ask at reception for details. (Starts from 30th Jan 2010).</p> <p>For further information please contact centre.</p>
Contact:	Three Trees Children’s Centre Tel: 020 8459 4385 and 07533 419659
Organisation:	The Willow Children’s Centre
Location:	Willow Children’s Centre, Barnhill Road, Wembley, HA9 9YP
Details:	<p>Monday morning 10:00am to 2:30pm English classes. 11:30am to 1:30pm Toddlers group (Chalk hill Community Centre).</p> <p>Tuesday morning 9:45am to 11:45am Breast feeding cafe. 10:00am to 12:00noon First Aid Training.</p> <p>Tuesday afternoon 1:30 to 3:00pm First Aid Training. 11:00am to 12:00noon Speech language – time for rhymes (Chalkhill Community Centre).</p> <p>Wednesday morning 10:00am to 12:00noon childminders network. 10:00am to 12:00noon Brent in2 work (please book an appointment).</p> <p>Wednesday afternoon 12:30pm to 5:00pm Counselling (referral). 1:00pm to 3:00pm Parent classes.</p> <p>Thursday morning 9:30am to 11:30am Baby clinic 9:30am to 11:30noon Citizens Advice Bureau (by appointments only).</p> <p>Thursday 12:45am to 2:45pm English classes.</p> <p>Friday morning 9:30am to 12:30pm Citizens advice bureau (by appointments only). 10:30am to 12:30pm Brent Portage</p> <p>Friday afternoon 12:45 to 2:45pm English Classes</p>

	<p>Saturday morning 10:30am to 12:30pm Father sessions.</p> <p>For further information please contact centre.</p>
Contact:	The Willow Children's Centre Tel: 0208 385 4480.
Organisation:	The Welcome Children's Centre
Location:	Wembley Centre For Health & Care 116, Chaplin Road, Wembley, HA0 4UZ
Details:	<p>Monday morning 10:00am to 12:00noon Stay and play for over 18 months (first 20 parents only). Wembley Health Centre. 10:00am to 12:00noon One to One Dor therapy counselling. Wembley Health Centre.</p> <p>Monday afternoon 1:30pm to 3:00pm Well baby clinic. Wembley Health Centre. (By appointment only). 1:30pm to 2:30pm Music for babies under 18 months. Harrow Road House.</p> <p>Tuesday morning 10:00am to 12:00noon Play group for children with special needs – drop in Wembley Health Centre.</p> <p>1:30pm to 3:0pm First time parents' baby group. Harrow Road House. 3pm to 4pm Citizens Advice Bureau (by appointment only) Wembley Health Centre.</p> <p>Wednesday morning 10:00am to 12noon Parenting session, crèche provided at Wembley Health Centre. 10:00am to 12:00noon Childminder Network. Harrow Road House.</p> <p>Wednesday afternoon 1:30pm to 3:30pm Stay and play for under18 months (first 20 parents only) Wembley Health Centre. 5:45pm to 6:45pm Fitness class (booking only). Wembley Health Centre.</p> <p>Thursday morning 10:00am to 12noon Stay and play over 18 months (booking only) Harrow Road House. 10:00am to 12:00noon Baby Weaning and cooking (fortnightly) Wembley Health Centre.</p> <p>Thursday afternoon 2:00pm to 3:30pm Baby massage (booking only) Harrow Road House.</p> <p>Friday morning 9:30am to 11:30am Baby clinic. Wembley Health Centre (by appointment only). 10:30am to 11:30am Music and movement. Green Scouts Hall (by appointment only). 10:00am to 12:00noon Cook and eat session (booking only) Wembley Centre. 11:00noon to 12:00pm Swimming sessions (booking only). Vale farm</p> <p>Friday afternoon 12:00noon to 12:45pm Citizens advice bureau (appointment only). Wembley Health Centre.</p> <p>Saturday morning 10:00am to 12:00noon Stay and play session - fathers group every 2nd and 4th Saturday of the month. Wembley Health Centre.</p> <p>Wembley Centre for Health and Care 116 Chaplin Road, Wembley, Middlesex, HA0 2HE</p> <p>Harrow Road House 776 Harrow Road, Wembley, Middlesex, HA0 2HE</p> <p>Vale Farm Leisure Centre Vale Farm, Watford Road, Wembley, Middlesex HA0 3HG</p> <p>For further information please contact centre.</p>
Contact:	The Welcome Children's Centre Tel: 0208 903 9541.
Organisation:	Treetops Children's Centre
Location:	Doyle gardens, inside Kings Edward's Park NW10 3WQ

Details:	<p>Monday morning 3rd Feb and 17th Feb 2010 from 10:00am to 12:30pm Stay and play for children with special needs. 10:00am to 12:00noon Baby Massage Monday afternoon 1:30pm to 3:30pm Parent/child workshop facilitated by Dor Therapy (crèche available).</p> <p>Tuesday afternoon 2:00pm to 4:00pm on 16th Feb 2010 Under 1's music and movement. 2:00pm to 4:00pm Nutritionist drop in session.</p> <p>Wednesday afternoon 1:30pm to 3:30pm Parents workshop facilitated by the advisory teacher (crèche available).</p> <p>Thursday morning on 4th Feb and 25th Feb from 10:00am to 11:00am Workshops for parents/carers run by our speech therapist (crèche available).</p> <p>For further information please contact centre.</p>
Contact:	Treetops children's Centre Tel: 0208 838 3901.
Organisation:	Wembley Children's Centre
Location:	East Lane, Wembley, HA9 7NW
Details:	<p>Monday morning 9:30am to 12:30pm Citizens Advice Bureau (by appointment only). 9:30am to 11:30am Drop in crèche (by appointment only). £2.00 per session. 12:00noon to 1:00pm Swimming (by booking only) 6 weeks course.</p> <p>Monday 1:00pm to 3:00pm Play and learn. 1:00pm to 2:30pm Baby massage.</p> <p>Tuesday 9.30am to 12:30pm Citizens Advice Bureau must book 10:00am to 12:00noon Childminder's network.</p> <p>Tuesday afternoon 1.00pm to 3.00pm Baby club 0 to 1 years only.</p> <p>Wednesday morning 9:15am to 12:30noon Stay and play. Session 1. 11:00am to 12:00noon Stay and Play session 2. 10:00am to 12:00noon Dietician drop in session.</p> <p>Wednesday afternoon 1:00pm to 3:00pm Parent workshop – open discussion, playing and learning, all about me, treasure baskets please book the at reception (free crèche available).</p> <p>Thursday morning 9:30am to 12:30noon Pilates £2.00per session (free crèche). 10:30am to 12:30noon Daddy's time - stay and play. 11.00am to 12.00noon Parent Forum (by appointment only).</p> <p>Thursday afternoon 1:00pm to 3:00pm Cook and learn. Free cooking classes 1:00pm to 3:00pm IT with family.</p> <p>Friday morning 9:30am to 11:30am Stay and play with music and rhyme time. 11:30pm to 12:30pm Speech and language drop in session.</p> <p>For further information please contact centre.</p>
Contact:	Wembley Primary Children's Centre Tel: 020 8901 9890.
Organisation:	Willesden Centre For Health And Care Children's Centre
Location:	Willesden Centre For Health & Care, Robson Avenue, London, NW10 3RY
Details:	<p>Monday afternoon 1:30pm to 3:00pm Stay play – learn with nutrition advice. Theme winter warmers (Ada picton hall). 1:30pm to 3:00pm 6 books challenge (please call for more details).</p> <p>Tuesday morning 10:00am to 12:00noon Stay and play – learn with speech and language. (Ada Picton hall).</p> <p>Tuesday afternoon 1:30pm to 3:00pm Learn English with your child (meeting room</p>

	<p>2). 1:30pm to 3:00pm Stay play – learn with nutrition advice. (Ada picton hall). 1:30pm to 3:15pm Parent and child yoga children’s centre gym.</p> <p>Thursday morning 9:30am to 12:30pm Brent Citizens Advice bureau. 10:00am to 12noon Childminder session (term time only).</p> <p>Thursday afternoon 2:00pm to 4:00pm Teenage parents – nutritional advice (under 25’s Melrose Avenue). On 28th Jan 2010.</p> <p>Friday morning 9:30am to 12:30pm Brent Citizens Advice bureau (at children Centre). 10:00am to 12:00noon Parent talk (topic: introducing children to new routines). 10:00am to 12:00noon Learn English with your child (meeting room 2). 10:00am to 12:00noon Childminder session. Friday afternoon 1:30pm to 3:00pm Walk in baby clinic – drop in session. These clinics are run by the health visiting team.</p> <p>Saturday afternoon on 27th Feb 2010 from 1:00pm to 3:00pm Father’s club – venue Bertie Road resource centre.</p> <p>For further information please contact centre.</p>
Contact:	Willesden Centre For Health & Care Tel: 0208 459 7256.