

It can be difficult for people to admit they are being abused or that they are tempted to abuse.

When the abuse is against someone less able to defend themselves, this becomes even more serious.

In Brent, we exercise ZERO TOLERANCE of this behaviour because we know everyone has the right to live a life free from abuse. Don't you?

Talk to us. Together we can eliminate abuse in Brent.

Supported by

- Housing and Community Care Department, Brent Council
- Brent NHS teaching Primary Care Trust
- Metropolitan Police
- Brent Association for Voluntary Action (BrAVA)
- Brent Carers Centre



Brent Association for Voluntary Action



## Contact details

Brent Council One Stop Service  
TEL 020 8937 4300

Police reporting number  
TEL 020 7372 1212

Brent Carers Centre (for carers)  
TEL 020 8795 6240

Action on Elder Abuse Helpline  
TEL 080 8808 8141 FREEPHONE

Remember, if it's an emergency, dial 999.

આ પત્રિકા ગ્રેન્ટમાં હરકત-નુકશાન થઈ શકે તેવા (વલનરેબલ) પુષ્કળ વયનાઓના રક્ષણ માટે છે. ગુજરાતી ભાષામાં નકલ માટે યોગ્ય ઓફિસમાં નિશાની કરી અને નીચેનું ફોર્મ પૂરું કરો.

यह पुस्तिका ब्रेट में असुरक्षित (वलनरैबल) व्यक्तियों को संरक्षण देने के बारे में है। हिन्दी में इस पत्रिका की कॉपी हासिल करने के लिये कृपया खाने में निशान लगाएँ और निम्न फार्म भरें।

ਇਹ ਦਸਤੀ ਇਸਤਿਹਾਰ ਬ੍ਰੈਂਟ ਵਿਚ ਕਮਜ਼ੋਰ ਬਾਲਗਾਂ ਦੀ ਸੁਰੱਖਿਆ ਬਾਰੇ ਹੈ। ਪੰਜਾਬੀ ਬੋਲੀ ਵਿਚ ਇਸ ਦੀ ਇਕ ਨਕਲ ਲੈਣ ਲਈ ਉੱਚਿਤ ਖਾਨੇ ਵਿਚ ਸਹੀ ਮਾਰੇ ਅਤੇ ਹੇਠਲਾ ਫਾਰਮ ਭਰੋ।

ਪੰਚੋਂਡੀਯੁਗਾਂ ਪਾਠਿਕਕਪਪਦਤਕਕ ਵਯਤੁਵਨੰਠੋਠੀਰਿੰ ਪਾਤੁਕਾਪਪ ਪਰੰਠੀਯਤੁ ਇੰਨਕਤ ਤੁਠੰਡੁਪਪਤੰਠੀਰੰ. ਠਮਿਠਿਲੰ ਓਰੁ ਪਿਰਠੀ ਪੋਰ. ਸਰਿਯਾਨ ਪੇਟੰਡੀਯਿਲੰ ਅਠਾਠਯਾਗਮਿੰਡੁ ਕੰਠੁਗੰਗ ਪਡਵਠਠਠਠ ਨਿਰੰਪਵਠੰ

یہ کتابچہ بریٹ میں غیر محفوظ افراد کو حفاظت دینے سے متعلق ہے۔ اردو میں اس کتابچے کی کاپی حاصل کرنے کے لیے برائے مہربانی خانے میں نشان لگا کر مندرجہ ذیل فارم بھریں۔

GUJARATI

HINDI

PUNJABI

TAMIL

URDU



# Safeguarding Adults from Abuse

“All persons have the right to live their lives free from violence and abuse.”

Safeguarding Adults

ADASS 2005

RETURN TO One Stop Service, Support Office, Brent Town Hall, Forty Lane, Wembley, Middlesex HA9 9HD

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

POSTCODE \_\_\_\_\_

Most people like to help others and the vast majority of us do this well, providing good quality care whether as a professional, or as a friend or relative.

Sometimes however, care isn't good enough, either through ignorance, negligence or on occasion, through deliberate acts which may be abusive and cause considerable harm.

The risk of harm or neglect is far greater for those less able to look after themselves and who could easily be taken advantage of.

Brent exercises ZERO TOLERANCE of abuse and together we can safeguard against it.



### Who can we safeguard from abuse?

Adults aged 18 years or over who:

- need help because of a disability or illness
- are unable to care for or protect themselves from significant harm or exploitation

### What is abuse?

"Abuse is a violation of an individual's human and civil rights by any other person or persons." *No Secrets*  
Department of Health 2000

Abuse can be:

- **Physical**, such as, shaking or hitting
- **Sexual**, such as, unwanted sexual activities
- **Psychological or emotional**, such as, threatening, shouting, bullying
- **Financial**, such as, stealing or withholding money
- **Neglect and acts of omission**, such as, failing to care for someone
- **Discriminatory**, such as, unfair treatment
- **Institutional**, when an organisation's practices harm individuals

### Who abuses?

Anyone can be an abuser and it need not be deliberate. It could be:

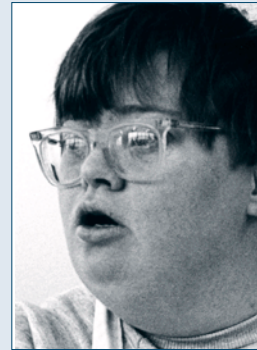
- Paid care workers
- Carers
- Professional staff
- Volunteers
- Other service users
- Relatives or family members
- Friends or neighbours
- Strangers



### Where can abuse take place?

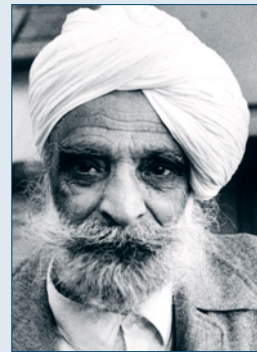
Abuse can take place almost anywhere:

- The person's own home
- Someone else's home
- Nursing and residential homes
- Day centres
- Hospitals
- In a public place



### What can I do if:

- I am being abused?
- I know or suspect someone is being abused?
- Fear I might abuse someone?



Contact us on one of the numbers on the back of this leaflet.

### What will happen?

- We will take your report seriously.
- We will investigate the matter.
- We will safeguard the person being abused
- We will give you information



**Don't ignore abuse – others could be at risk if you don't report it.**

**Let's work together to stop abuse in Brent.**