

Session	Time	Date(s)	Age group	Booking details
Midwifery Services at Curzon	9am - 4pm	Weekly	Expectant Mums	By appointments Only
Health Review Checks at Curzon	9am - 4pm	Weekly	1 - 2 years	By appointments from Health Visitors
Brent Connexions at Curzon Employment Support and Advice	12pm – 4:00pm	Weekly	16 -19-years or up to 25 years with disability	Call reception 0208 4596813 to book an appointment
Mixed Martial Arts at Fawood	2:30 – 4:30pm	Weekly	8 years and above	Book a space online
Sunlight & Science Art Project at Curzon	10am – 1pm	11 August	8 years and above	Book a space online
Sunlight & Science Art Project at Curzon	2 – 5pm	11 August	Whole Family	Book a space online



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Let's Talk at Curzon	10am – 11am	Weekly	14 months – 3.5 years	Book a space online
Boss your Scene at Curzon	12pm – 3pm	29 July to 1 August	8 years and above	Book a space online
Games Session at Curzon	1pm – 2:30pm	12 August	8 years and above	Book a space online
Baby Clinic & Breastfeeding Advice at Fawood	1pm – 3pm	Weekly	0 – 5 years	Drop-in Clinic



Session	Time	Date(s)	Age group	Booking details
Health Review Checks at Curzon	9am - 4pm	Weekly	1 - 2 years	By appointments from Health Visitors
Citizen Advice Brent at Curzon Independent advice in all legal matters	9:30am – 4pm	Weekly	Adults	Call centre on 0208 4596813 to book an appointment
Pop-up Arcade at Curzon	1-3pm	7 August	8 years and above	Book a space online
Tummy Time at Fawood	1pm – 2:30pm	Weekly	0 – 15 months	Book a space online



Session	Time	Date(s)	Age group	Booking details
Little Gardeners at Curzon	10:30am – 12am	Weekly	0 – 5 years	Book a space online
Salisbury World at Curzon Advice & advocacy session for refugees and asylum seekers	9am – 4pm	Weekly	Adults	By appointments Only
Trip to TBC	TBC	14 August	TBC	Contact reception for more information - 0208 4596813



Session	Time	Date(s)	Age group	Booking details
Midwifery Services at Curzon	9am - 4pm	Weekly	New Mums + Babies	By appointments Only
Messy Play at Curzon	10:30am – 12am	Weekly	0 – 5 years	Book a space online
Hen Corner – Honeybees at Curzon	10am – 11:30am	1 August	Whole Family	Book a space online
Bread & Pasta Making at Curzon	10am – 1pm	15 August	8 years and above	Book a space online
Bread & Pasta Making at Curzon	1:30pm – 4:30pm	15 August	Families of children age 6 and above	Book a space online
Brent Health 4 Life Minis 1:1 clinic at Curzon	1pm – 4pm	Weekly	2 – 5 years	By appointments only - contact reception 0208 4596813 to book an appointment
Movie Club at Curzon	TBC	8 August	8 years and above	Book a space online
Trip – Natural History Museum	TBC	25 July	Whole Family	Book a space online Contact reception for more information - 0208 4596813
Picnic in the Park	TBC	1 August	Whole Family	Book a space online Contact reception for more information - 0208 4596813



Centre information

- Free vitamins are available at the Centre for all pregnant women and children under 5 years old.
(From Curzon on Monday & Friday – 9-5pm & Fawood on Tuesday -1-3pm)
- Foodbank vouchers – please contact reception if you need help with food, nappies, toiletries etc.

Useful Links

The Local Offer - <https://www.brent.gov.uk/localoffer>

Provides information and advice for Children with Special Educational Needs and Disabilities (SEND)

Brent Youth Zone - <https://www.brentyouthzone.org.uk/>

Provides information and activities for young people.

Children and Family Information Service (CFIS) - <https://www.brent.gov.uk/cyp>

Provides information and advice on a range of services for families, including childcare and early education.

Holidays Activities and Food Programme - <https://www.brent.gov.uk/haf>

Provides free access to activities and healthy meals to eligible children during school holidays.



[Curzon & Fawood Family Wellbeing Centre](#)

[Curzon](#) – Curzon Crescent, NW10 9SD - 0208 459 6813

[Fawood](#) – 35 Fawood Avenue, NW10 8DX – 0208 965 9334

Email: admin@curzon.brent.sch.uk



[Barnardo's & Brent out of hours Family Support Helpline](#)

Telephone: 0800 158 2358

Opening times:

Mon, Weds, Friday 6pm – 10pm

Saturday and Sunday 10am – 5pm

