

Session	Time	Date(s)	Age group	Booking details
<b>Health Visiting Review Checks</b>	9am - 3pm	Weekly	As per appointment	By appointments from Health Visitors
<b>Citizen's Advice Brent</b> Independent advice in all legal matters	9:30am – 2:30pm	Weekly	Families	Call Centre to book an appointment
<b>Immigration Advice by Salusbury World</b>	9am – 5pm	15 September 29 September 13 October 27 October 10 November 24 November	Families	By appointment only
<b>Baby messy play</b>	10am – 11am	Weekly	Under 12 months	<a href="#">Book a space online</a>
<b>STAR Supporting the assessment route</b>	10am -12pm	24 November	Families	<a href="#">Book a space online</a> and drop-in session
<b>Toddler talk</b>	2pm – 3pm	Weekly	14 months – 3.5 years	<a href="#">Book a space online</a>
<b>Global skills homework club</b>	4:30pm – 6:30pm	Weekly	8 years +	By referrals only
<b>Mixed Martial Arts (MMA)</b>	5pm – 7pm	Weekly	11 years +	<a href="#">Book a space online</a>



Session	Time	Date(s)	Age group	Booking details
<b>Breastfeeding Support</b>	9am – 1pm	Weekly	Mothers/babies	By appointment only from Health Visitor
<b>Midwifery Service</b>	9am - 4pm	Weekly	Expectant mothers	By appointments only from midwives
<b>ESOL</b>	10am -12pm	Weekly, term time only	Women only, by Salusbury World	Creche available, by referrals only
<b>Brent and Harrow Perinatal mental health service</b>	1pm – 5pm	Weekly	Parents	By appointment only from Midwife
<b>Toddler Messy Play</b>	2pm – 3pm	Weekly	12months – 4 years	<a href="#">Book a space online</a>
<b>Global Skills Homework Club</b>	4:30pm – 6:30pm	Weekly	8 years +	By referrals only
<b>Educational Mentoring</b>	6pm – 7pm	Weekly	11-16 years	By referrals only



Session	Time	Date(s)	Age group	Booking details
<b>Midwifery Service</b>	9am - 4pm	Weekly	Expectant mothers	By appointments only from midwives
<b>Health Visiting Review Checks</b>	9am - 3pm	Weekly	As per HV booking	By appointments from Health Visitors
<b>Brent and Harrow Perinatal mental health service</b>	9am – 5pm	Weekly	Parents	By appointment only from Midwife
<b>Childminder Session</b>	10am – 12pm	Weekly	Registered Childminders	Drop-in session
<b>Story and Rhymes by Kilburn Library</b>	1:30pm – 2pm	Weekly	Under 5'	Drop-in session
<b>Little explorers</b>	2pm – 3pm	Weekly	12 months – 4 years	<a href="#">Book a space online</a>
<b>Global Skills Homework Club</b>	4:30pm – 6:30pm	Weekly	8 years +	By referrals only



Session	Time	Date(s)	Age group	Booking details
<b>Midwifery Service</b>	9am - 4pm	Weekly	Expectant mothers	By appointments only from midwives
<b>Baby sensory</b>	10am – 11am	Weekly	Under 12 months	<a href="#">Book a space online</a>
<b>Being with your baby</b>	10am – 11am	From 18 September – 23 October	Under 12s'	<a href="#">Book a space online</a>
<b>Family Community work coach</b>	10am – 2pm	Weekly, term time only	Parents/carers/young people	Call centre to book an appointment
<b>Toddler Messy Play</b>	2pm - 3pm	Weekly	12 months – 4 years	<a href="#">Book a space online</a>
<b>Global Skills Homework Club</b>	4:30pm – 6:30pm	Weekly	8 years +	By referrals only



Session	Venue	Date(s)	Age group	Booking details
<b>Infant Feeding Support Group (drop-in clinic) and Dad's Stay &amp; Play</b>	9am - 4pm	Weekly	Expectant mothers	By appointments only from midwives
<b>CAMHS support</b>	9am – 5pm	Weekly	Under 5s'	By referrals only
<b>Solihull – understanding your child behaviour</b>	10am – 12pm	Weekly term time only. From 12 September for 11 weeks	Parents/carers	By referrals only, creche available
<b>MOM Club</b>	10am – 12pm	From 19 September for 12 weeks – term time only	Mums, creche available	<a href="#">Book a space online</a>
<b>Art Club with H</b>	4pm – 5:30pm	Weekly	8 years +	<a href="#">Book a space online</a>
<b>Global Skills Homework Club</b>	4:30pm – 6:30pm	Weekly	8 years +	By referrals only



# Centre information

- Free vitamins are available at the Family Wellbeing Centre for all pregnant women and children under 5 years old. [Find out if you are eligible](#)
- Triage Services – The centre offers short term support to families to access both universal and targeted services. Book appointment via Brent 'My Account'.

## Useful Links

**The Local Offer** - <https://www.brent.gov.uk/localoffer>

Provides information and advice for Children with Special Educational Needs and Disabilities (SEND)

**Brent Youth Zone** - <https://www.brentyouthzone.org.uk/>

Provides information and activities for young people.

**Children and Family Information Service (CFIS)** - <https://www.brent.gov.uk/cyp>

Provides information and advice on a range of services for families, including childcare and early education.

**Holidays Activities and Food Programme** - <https://www.brent.gov.uk/haf>

Provides free access to activities and healthy meals to eligible children during school holidays.



[Granville Family Wellbeing Centre](#)

78 Granville Road

NW6 5RA

Phone: 0208 937 5681

Email: [granville.FWC@brent.gov.uk](mailto:granville.FWC@brent.gov.uk)



[Barnardo's & Brent out of hours Family Support Helpline](#)

Telephone: 0800 158 2358

Opening times:

Mon, Weds, Friday 6pm – 10pm

Saturday and Sunday 10am – 5pm

