

# Monday

Session	Time	Date(s)	Age group	Booking details
<b>Health visiting review checks</b>	9am - 5:30pm	Weekly	As per appointment	By appointments from Health Visitors
<b>Brent hubs deaf resident surgery</b>	9am - 4pm	12 January 19 January 2 February 23 February 9 March 23 March 13 April 27 April	Adults	By appointments



# Tuesday

Willow Family Wellbeing Centre timetable  
January - March 2065

Session	Time	Date(s)	Age group	Booking details
<b>Midwifery Clinic</b>	9am - 4pm	Weekly	Expectant mothers	By appointment only from midwives
<b>Family Sign class</b>	10:30am - 11:30am	27 January - 24 March	Families	By appointment
<b>Citizen's Advice Brent</b> Independent advice in all legal matters.	9:30am - 3:30pm	Weekly	Families	Call centre for appointments



# Wednesday

Willow Family Wellbeing Centre timetable  
January – March 2026

Session	Time	Date(s)	Age group	Booking details
<b>Health visiting review checks</b>	9am - 5:30pm	Weekly	As per appointment	By appointments from Health Visitors
<b>Speech and Language – attention and language group</b>	9am - 12:30pm	Weekly	0 - 5 years	By appointments from Health professionals
<b>Building brilliant brains</b>	10am - 11:30am	18 February	0 - 5 years	Call centre to book appointments
<b>CAMHS</b>  Support and advice for parents struggling with their children's sleep, eating, behaviour.	9am - 5pm	Weekly	0 - 5 years	Appointments only



# Thursday

Willow Family Wellbeing Centre timetable  
January – March 2026

Session	Time	Date(s)	Age group	Booking details
<b>Health visiting review checks</b>	9am - 5:30pm	Weekly	As per appointment	By appointments from Health Visitors
<b>Brent and Harrow Perinatal Mental Health Team</b>	9am - 1pm	Weekly	Adults	By appointments from health professionals
<b>Infant Feeding Clinic</b>	10am - 1pm	Weekly	0 - 5 years	By appointments from health professionals



Session	Time	Date(s)	Age group	Booking details
<b>Health visiting review checks</b>	9am - 5:30pm	Weekly	As per appointment	By appointments from Health Visitors
<b>Speech and Language – attention and language group</b>	9am - 12:30pm	Weekly	0 - 5 years	By appointments from Health professionals
<b>Brent Nutrition 1:1 clinic</b>	9am - 12pm	Weekly	All ages	By appointments from Health professionals



Free vitamins are available at the centre for all pregnant women and children under 4 years old.

## Useful links

The Local Offer for Children with Special Educational Needs and Disabilities (SEND)

<https://www.brent.gov.uk/children-young-people-and-families/send-local-offer>

**Children and Family Information Service (CFIS)** - <https://www.brent.gov.uk/children-young-people-and-families>

Provides information and advice on a range of services for families, including childcare and early education.

**Brent Start For Life** - <https://www.brent.gov.uk/startforlife>

Find information and advice about pregnancy, birth and children under 5, along with local support to help you give your child the best start in life.

**Brent Youth Zone** - <https://www.brentyouthzone.org.uk/>



## Willow Family Wellbeing Centre

Barnhill Road, Wembley

HA9 9DF

Phone: 020 8937 6562

Email: [willow.fwc@brent.gov.uk](mailto:willow.fwc@brent.gov.uk)



## Barnardo's & Brent out of hours Family Support Helpline

Telephone: 0800 158 2358

Opening times:

Mon, Weds, Friday 6pm – 10pm

Saturday and Sunday 10am – 5pm

