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## Fathers Strengths Assessment

Name of father/carer/step dad:
Parental responsibility:
Child/children's name:
Fathers contact details:
Ages of children:

**Summary of Strengths (based on the Strengthening Families Model)** (Working WITH families, not doing TO or FOR)  
Including strengths & weakness

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<b>Fathers Strengths/ Protective Factors</b>	<b>Your children/child</b>	<b>Triggers for Conflict</b>	<b>Co-parenting</b>	<b>Fears &amp; Emotions</b>
Describe your strengths/what you do well What you could do more of What do all children need from fathers Level of motivation Understanding of father's role Type of attachment Engagement with school Support networks Knowledge of child development Resilience Understanding of empathy	Describe your child's strengths How would your children/child describe you? How the conflict is affecting your children/child What your child has been exposed to Best memory with your children Concerns about your child Your hopes and dreams How can you positively influence your child's development? What is your child's favourite activity/colour/food Other	What are the stressors Explore difference in parenting styles Caste Extended family Past experiences ACEs Child on parent conflict Ex/new partners Other	What works well Frequency of contact (if separated) Stressors Finances New partners Children caught in the middle/role of the child Contact arrangements Communication Style Other	Domestic abuse allegations Mental health What you would like help with Existing restraining orders Relationship with professionals Don't understand process My rights as a father Acronyms Work commitments Disability Past experiences Language barrier Cultural/Religious /beliefs/barriers Other

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