

The Brent Pledge 2014

The Brent Pledge is a list of promises to children and young people in our care. These are things that we will do so that they have the best support and help possible.

We promise

To respect and honour your identity

- ✓ We will respect your personal beliefs and values and accept your culture and heritage.
- ✓ We will support you to become the person you want to be.



To believe in you

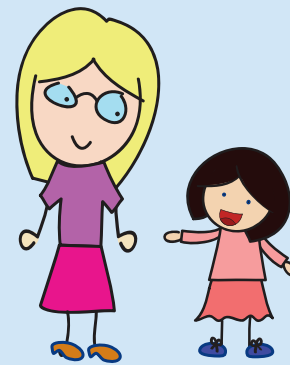
- ✓ We will value your strengths, gifts and talents and encourage your aspirations.
- ✓ We will be honest with you about the promises we can and can't keep.

To only promise you things we can do

- ✓ We will help Care in Action to make sure that these promises are not being broken.
- ✓ You will know how much pocket money you will get and we will help you to save your money.
- ✓ We will listen to your opinions and suggestions.
- ✓ Your social worker will come and see you and you can talk to them on your own every time they come.
- ✓ You will have their telephone number and know where they work so you can speak to them when you need to.
- ✓ You can tell us how you feel and we will help you to choose what you want in your life.
- ✓ When we come to see you, we will make sure you can be there and that you are not in school.

To provide stability for you

- ✓ If your social worker leaves, you will be told when this will be. You will receive a letter giving you details of your new social worker and their manager.
- ✓ We will do our best to make sure you don't have too many different social workers and move too many times.
- ✓ We will try to help you stay in touch with family and friends.
- ✓ We will make sure that you know if you can see your family and when and where this will be.



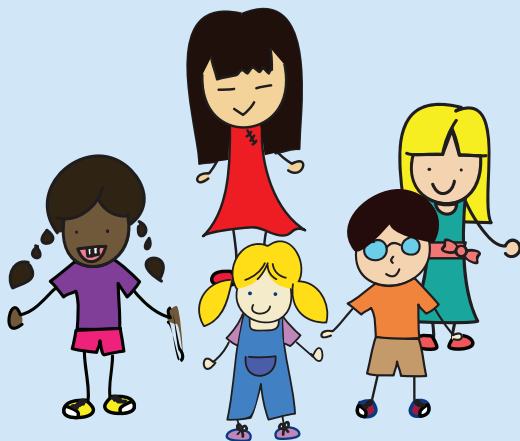
To work to support you

- ✓ We will help you manage changing relationships or come to terms with loss, trauma or other significant life events.
- ✓ We will make sure you get to meet other children in care where you live and in other places so you can help each other and talk about the things you like and don't like.



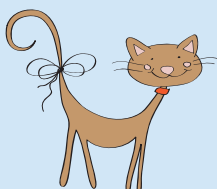
To help you stay healthy

- ✓ We will make sure that your carer takes you to see your doctor, dentist and other health professional when you need to visit them.
- ✓ We will encourage you to make healthy and positive choices for your life.
- ✓ We will provide you with information and advice about healthy eating, exercise, smoking, drugs and sexual health.



To provide you with a safe and stable place to live

- ✓ We will tell your carer the things they need to know to look after you and to make sure you are well and safe.
- ✓ Before you go to a new carer, we will tell you all about it and where it is.
- ✓ You will get to meet your carer before you move there, except if you have to move in an emergency.



To work with you to achieve your goals and targets in your education

- ✓ We will make sure you have the things you need to help you with your school work.
- ✓ We will talk to your teachers to help you do well at school.
- ✓ You will have a Personal Education Plan (PEP) which will tell us what help you need at school.

To provide you with opportunities to participate in sports and leisure activities

- ✓ We will tell you about sports and fun activities where you live and help them to do them.



To keep your best interests at heart

- ✓ We will remember your birthday and other important days.
- ✓ We tell you and other people when you have done something really well.