

## **JUNIOR CARE IN ACTION**

**Saturday 10<sup>th</sup> October 2015**

This is what we did at our meeting!!



### **ATTENDANCE**

Five members of Junior Care in Action attended the meeting today with one new member. Welcome to our new member, Rachel!

### **WELCOME & PROGRAMME**

Stacey was the chair and welcomed everyone to the meeting. As we had a new member, we gave introductions and shared something about ourselves. Stacey read through the programme so we all knew what we would be doing at the meeting.

### **HAPPY BIRTHDAY!**



It was Kia and Chantelle's birthday last month and we missed it. Even though they were not at the meeting, we all wished them a happy birthday and Natasha will send them a card and gift.

### **JUNIOR CIA NEWSROUND**

This activity is to give us a chance to say what we have been doing since we last met or to share something important with the rest of the group.



**Rachel** - met her foster carer's grandson who came to visit for his birthday. They all had cake!

**Abdi** - went to the England V Estonia match at Wembley.

**Tyrell** - watched the film Hotel Transylvania 2 at the cinema and played in the arcades with his Dad, during contact

**Stacey** - finally found her tablet charger - it was lost for 2 months! She has a whole list of games she wants to download.

**Adam** - celebrated Eid with his mum

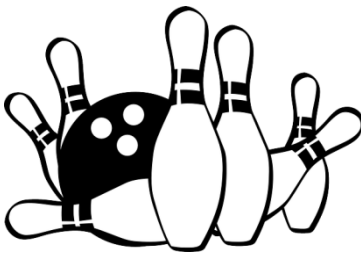
**Romeo** - went to the England v Estonia match too.

### ICEBREAKER GAME - IF...



To get to know each other a little better, we played an icebreaker game called 'IF...' There were a pile of questions we could choose from, all starting with the word 'If...' For example, 'If you could talk to anyone in the world, who would it be?' We took it in turns to read out the questions and share our answers with each other.

### OCTOBER HALF TERM ACTIVITIES



At the last meeting, we talked about an end of summer trip. One of the ideas was to go to 'Kidzania' and have dinner. Natasha has looked at this and the tickets are very expensive so another idea is to go bowling and have dinner with the Care in Action group too. Most of us did not want to go bowling and would like to do something else. Natasha will think more about what the group could do. One suggestion was to go to a laser quest.

### ALL PARTY PARLIAMENTARY GROUP (APPG) FOR LOOKED AFTER CHILDREN AND CARE LEAVERS

There is a meeting for all children and young people in care (ages 11+) and care leavers at the Houses of Parliament on Wednesday 28<sup>th</sup> October, 5-7pm. The meeting will be talking about children in care having contact with brothers and/or sisters if they want

to. We could also ask MPs questions we might have about this. Three members would like to attend the meeting.

## DIRECTOR TO VISIT JUNIOR CARE IN ACTION

Earlier this year, we thought about what we would do if we were the Director for Children and Young People for the day. We read the things we had said together and Natasha had shared these with the Director, Gail Tolley. Gail would like to visit us two times a year and the next time she would like to see us is at our November meeting. Natasha asked us what we would like to do with or talk to Gail about. We all agreed that we would like to do an activity with Gail and some of our ideas were pottery, design a boot/shoe or baking.



## HEALTH FUN DAY

Every year in the summer we have a fun day about being healthy where we can do activities and take part in workshops. Most of us had been to the fun day before and enjoyed it. We didn't get to have a fun day this summer so there is an idea from CIA to do it the Saturday before the February half term. We were happy with this idea too. We also looked at the activities and workshops that we took part in last year and decided that we would like all the same activities again.



OUR NEXT MEETING WILL BE ON

**SATURDAY 14<sup>th</sup> NOVEMBER 2015**

**10-1PM**

**POPLAR GROVE YOUTH CENTRE, POPLAR GROVE, CHALKHILL,  
MIDDLESEX HA9 9DB**

**Join Us!**