

## Route 4 - Sudbury, Harrow and Shri Sanatan Hindu Mandir

### Route Highlights

*Starting on the Capital Ring path, this route goes through Harrow School and High Street with their historic buildings and beautiful views high above the rest of London. It then wanders through the back streets of Sudbury, through three smaller local parks and St John's cemetery before finishing at the Shri Sanatan Hindu Mandir.*

**1 Start:** Exit Northwick park tube station for Northwick Hospital and take the capital ring footpath (directly on your left) through the park. Just before you reach the children's play area turn right onto the capital ring path **2** heading towards Greenford, this will take you to Watford Road. **3** Cross Watford Road, and join the public footpath by climbing over the stile onto Harrow School fields. **4** Continue to walk along the public footpath until you reach the gravel road, turn right onto here and continue. **5** At end of this road, turn right again and head for the public footpath, walk across the top of the field and join the footpath that takes you to Peterborough Road. **6** Turn left towards **7** High Street, and follow this as it turns onto **8** London Road, and then **9** Sudbury Hill Road. At the roundabout turn **10** left onto Sudbury Court Drive, then turn right onto **11** Sudbury Court Road. Turn right onto **12** Elmwood Park and walk through the park, exiting on the Elms Lane side. **13** Turn right onto Elms Lane then left onto **14** Homefield Road. When you reach Watford Road, turn left and immediately right into Vale Farm sports centre. **15** Walk around Vale Farm and back out, turning left onto Watford Road. At the roundabout, continue along in the same direction on Harrow Road **16** and then take the first entrance into Barham Park **17**. Walk through the park to the eastern side and exit by turning left back onto Harrow Road **18**. Walk up to St. John the Evangelist Church and Cemetery and then cross Harrow Road and head south along **19** Talbot Road to the end. Turn right onto Chaplin Road **20** and then left onto Farm Avenue **21**. Enter the park at the end of Farm Avenue **22** and head south through the park and take the St. James' Gardens exit **23**, which will take you onto Ealing Road **24**. Turn left to see the Shree Sanatan Hindu Mandir temple, and then walk back south along Ealing Road to Alperton Tube **25** where this route ends.

### Places of Interest/Heritage

**Harrow School** received the Royal Charter in 1572 and in 1615 John Lyon's new School House was completed and opened with just one pupil. By the beginning of the 19th century, Head Master Joseph Drury could count among his pupils a quartet of future Prime Ministers. Today the school is one of the most exclusive in London.



**Harrow on the Hill** is a small village that has barely changed since Victorian times. 14 miles from central London it still has the atmosphere of its own discrete village.

**Vale Farm Sports Centre** is one of the borough's three main leisure centres, and sits in the middle of several sporting pitches.

**Barham Park** was once the grounds of the Crab's House, which was acquired in 1801 by John Copland, who built Sudbury Lodge (later called Barham Mansion) in c1850. By 1895, the estate was owned by Sir George Barham and it was inherited in 1913 by his son Titus. When he died in 1937 he left the house and grounds to the citizens of Wembley, together with his private museum. The park today has formal gardens and more open parkland. There are remnants of earlier features such as garden balustrades of Barham Mansion, walls and ornamental gates.

Just off route, **Sudbury Town Tube Station** dates back to 1903 and is Grade II listed. The station is built in modernist architectural design and features a tall block-like ticket hall rising above a low horizontal structure that contains station facilities and shops.

**St John the Evangelist Churchyard and Cemetery** was built in 1846 when Wembley became a separate parish from Harrow. In 1887 the burial ground was opened adjacent to the churchyard and it contains c19th century monuments and a war memorial in the form of a grey granite cross of sacrifice. A war grave section commemorates those who died in both world wars.

**The Shree Sanatan Hindu Temple** is a £16 million Hindu Mandir located on 2.4 acres of land visited by thousands each year. It was built using ancient techniques based on Hindu scriptures, and lacks a metal core. This building method dates back thousands of years and is the same as that used to construct the world famous Angkor Wat in Cambodia. The beautifully carved temple is made up of mixed stones from Jaisalmer, Bansipahad and Makrana marble, while the majestic outlook is decorated by Jaisalmer lime stone, all of which have been imported from India.



**Facilities:** This route has facilities in Harrow on the Hill, Vale Farm Sports Centre, Barham Park and along Ealing High Road.

#### Distance

7.5 miles - 12.1 km - 17,300 Steps

#### Time

**Fast** - 2hrs, **Medium** - 2hrs 40mins, **Slow** - 4hrs

#### Calories

**Fast** - 820, **Medium** - 730, **Slow** - 710

#### Difficulty

Route is not suitable for prams and wheelchairs. This route contains hills.

#### Start / end station

Northwick Park to Alperton

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## KEY

-  Walking Route
-  British Rail Station
-  Tube Station
-  Bus Route
-  Hospital
-  Toilets
-  Church
-  Place of Interest
-  Park / Open Space

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