



Before your care assessor arrives you may want to prepare

any medical reports	medication/ treatments to tell them about	Would you like anyone with you?	the file from your care agency	Any questions you may have	If you are not a UK resident, or not a resident in Brent	If you have something called 'Section 117 aftercare'
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Environment: We may talk about

The safety of your home	if you live alone or with others	your personal data
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Health and Wellbeing: We may talk about

your health	how you think and feel	any medical conditions	If you are on medication
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Food and drink: We may talk about

making meals	Nutrition	What sort of food you like	If anyone helps you with your meals	dietary requirements
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Daily life: We may talk about

Making decisions	Shopping	Laundry	Cooking	House work	Home maintenance	How you contact others	Money	How you get about	If you look after anybody
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Personal care: We may talk about

Do you use any equipment	teeth, hair, nails & feet	shaving/ men-strual	washing and drying	If anyone currently helps	toileting
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Safety and risk: We may talk about

safety at home	Locks & keys	phone	internet	Travel & road safety	Tele care	Night care	Risk of falling	Risk of abuse	Neglect	Emergencies and contingencies
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Occupation and social life: We may talk about

Learning and courses	occupation	Hobbies/ clubs/ interests	religious or cultural activities	friends and family	income level	Accessibility and transport	internet access	Confidence	Goals and aspirations
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Community support: We may talk about

Other organisations	self management	telecare	friends and family	neighbourhood support	money advice	Advocacy	Housing	The future	Your carer
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From this discussion, we will advise you if you are eligible for Council Support, and talk to you about how best to meet your eligible social care needs.